

## The Heritage

## Heritage Chapter Bluebills Boeing Retiree Volunteer Newsletter

**July 2020** 

WWW.BLUEBILLS.ORG

**VOLUME 26 ISSUE 7** 

## Co-Chairman's Report – July, 2020

By: Doug Hoople

Well here we are again. At least we are in phase two and can get a haircut, I'm no longer a mountain man. And there is some new pollen in the air.

The Bluebill Central Leadership Team cancelled the June meeting with Boeing so we don't know what is our status with what they are or aren't going to do for us.

Regardless of what that will look like we can still meet at the VFW in Renton when it reopens (we hope). Still continue to volunteer and support our communities. After all, the original purpose for the Bluebills is still there: staying active, improving the quality of life, and enhancing our lives.

We had the opportunity to mount a star for Fran Parker on the USO's Gallery of Stars at SeaTac on the 24<sup>th</sup>. The USO will soon reopen for the three-time weekly flights to Japan and Korea. The Volunteer Manager is finding it hard to get the volunteers back on board.

Our newsletter editor has asked us to write about our quarantine experience.

I'm still volunteering with the Boy Scouts through Zoom meetings. For adult District meetings, they are finding, for some meetings, more people are involved because they don't have to drive to a meeting. For Boy Scout youth meetings, it's harder to keep everybody engaged and the youth are having challenges getting requirements signed off. And there have been no camping opportunities. Most summer camps in the Northwest have been cancelled. Nobody could figure out how to safely do the big group activities to have normal summer fun.

Eagle Board of Reviews are now held as a zoom meeting instead of in person at Bellevue City Hall. So we have new challenges with zoom and insuring youth safety within BSA Youth Protection practices.

I still have plenty of activity as the VFW State Scout Team Chairman. We selected our Scout of the year and State Scout Team Post of the year. Now how do we have awards when our convention and meetings have been cancelled? Well we still need to get the plaques, certificates and financial rewards drafted.

A riddle: Why do people say "hand tight" or "hand loose" with the same meaning. And what am I supposed to be doing while I'm "hanging."

What do I miss the most? Being able to safely drive into Seattle to get a sandwich from Pecos Pit Barbeque. Who wants to go into Seattle these days? They are out of control, the left left wackos have taken over with permission of city leadership.

Luckily, I'm going to escape the state and go canoe camping in Minnesota and to an astronomy star party in Nebraska for all of July. Most star parties have been cancelled (including the Nebraska Star Party). The locals in Nebraska and nearby didn't want to give up the opportunity to look at stars or go camping (escaping their cities) and are having an unofficial star party.

What I miss the most is meeting with you Bluebills and that monthly sugar pill at the Renton VFW. Getting up to date on what everybody is doing, how they are having fun in their community, and where they are volunteering.

Doug

## **Chapter Report**



I have recently had contact with Rachel Peterson, Bluebills Boeing Representative, and Tom Moberg, Bluebills Liaison with the VFW in Renton. Rachel told me that Boeing may let us return to our office and activities in August. Tom said the VFW has opened but they are not allowing group meetings to be held in their facilities as of today. Rachel and Tom will advise us when these activities are possible and we will notify the membership as soon as we get the information.

The recent months have been very restrictive and troublesome for all of our members and a few of them have suffered some serious health issues. We wish them well and hope that this will soon end so we can all resume our normal activities.

Please stay safe and we hope to see you soon.

Richard Vaughn

## **Chapter News**



## Memorial Star Party at USO for Fran Parker

Wednesday June 24, 2020 at 1200 hours (as in High Noon) family members of Fran Parker, her USO Shift mates including the Center Manager, and several of us Bluebills gathered at the USONW Seatac Center to honor Fran Parker with a star on the Wall of Stars. Scott Parker (son) and Ryan Parker (grandson) affixed the star to the wall. Comments and stories were offered by Doug Hoople, Kenny Przepiora (aka Pepsi) and other folks.

Coffee, cake, hugs, camaraderie, conversation were enjoyed by all. We miss you Fran. Lonnie Stevenson

## **Chapter News (cont)**

From: Eleanor Skinner

My granddaughter in Kent gave me a 24' x 14' plot on her property to build a Japanese Zen Garden. This is a photo of the start of that project and me sitting on a jade marble bench.

This is how I'm keeping busy this summer. It's really a work in progress and will take me probably this year and next to finish it. Wish me luck.





From: Bill & Karen Baker

Karen and I moved to a new community last fall and are fortunate that it has about 20 miles of walking trails thru the woods. We have learned how much we enjoy and appreciate nature. We walk thru paths that were cleared but the surrounding area is untouched. The quiet and solitude is relaxing and calming and a wonderful escape from the news cycles and health concerns.

Speaking of relaxing, a friend complained to me that this isolation was making her husband loud and irritable and constantly arguing with her. It was so bad she asked her doctor for advice on what to do. He told her when he starts take a big slug of Jack Daniels and keep your mouth closed and slush it around until he stops or leaves. She tried it and it worked perfectly. She was so amazed she asked him how the Jack Daniels worked. He said the Jack Daniels does nothing. It is the keeping your mouth closed slushing that works.

Our daughter Sheri invited us to visit them at Cle Elum on Father's Day. The drive up reminded us how we have missed just getting out and driving and going to visit people and places. It was our second trip beyond Fred Meyer in months. We keep in touch by all the media systems we have but there is no substitute for getting out and going.

I look forward to being able to walk up and greet my friends with a hand shake or a hug about as much as anything. Now you are constantly thinking about getting too close and do I need a mask. This issue is compounded when you have a hearing problem as I do.

We find plenty of volunteering to do right at home. Our next-door neighbor has MS and relies on family to keep her place up and run errands. We have been able to help with yard work and taking over some of the weekly chores such as garbage and recycling.

It seems counter intuitive but the pandemic has helped us get to know our new neighbors better and keep in touch with distant relatives. Every day at 5 we meet in the street with the neighbors on our street for about an hour and visit. We bring a chair and refreshment. There are about a dozen or so depending on the weather and cooking schedules. There is enough variation each day so normally someone that hasn't been there for a while has new information to contribute. We seem to find plenty to talk about. And I talk to four of my siblings on zoom every other Thursday for about 40 minutes. We never visited that much before and only be phone or e-mail.

One of the interesting subjects at Trilogy, where we live now, has been a bear sighting. Several residents saw

a medium size bear cross the road into the woods near us. Behind our house is a deep ravine leading to the woods where the bear may have gone. My neighbor showed me a trail of matted grass down the steep side of that ravine which is about 50 feet deep. My brother tells me if you're going to be chased by a bear do it downhill. Their hind legs are shorter and they would slide down this hill into the ravine. So maybe a bear made the trail. In any event, it has made me very safety conscious and I make sure Karen is with me when I walk the trails; I think I can still outrun her.

## Lonnie Stevenson's answers to BB Editor very astute questions:



Hello Fellow Bluebills!

As some areas move into Phase II and others are already in Phase III Restart there are still many uncertainties.

For the July Newsletter we ask you:

- Share one thing you've learned since this whole thing started. Patience, Flexibility, re-enforced optimism! (ok that's 3 things). I refuse to participate in this COVID scam!

  Send a favorite recipe. Fresh salad greens, tomato, avocado, sliced almonds, shredded asiago cheese, salt free garlic herb seasoning, With dressing of lemon juice and a kiss of Virgin Olive oil. Best Salad EVER!
- Share a funny riddle. The pessimist says the glass is half empty, the optimist says the glass
  is half full, the ENGINEER says 'if the glass had been designed properly in the first place,
  there would not be this problem.
- What you have missed most. Unrestricted Freedom, and my Firefighter son afraid to visit due to he is 'in contact with that stuff daily'
- What you are most looking forward as we enter into the restart. The move to Judson Park
  on July 02 for Heinz and me. Finally! In addition, More freedom, reduced fear, gaining back
  AMERICA from all domestic terrorists, World Peace.
- Ways you found to keep in touch with family and friends. Phone, text, email, and face-to-face (ooooh did I actually say that ?)
- Ways you have continued to volunteer. 🖂 Sorry

## **Julie Andrews Turning 79**



Submitted By: Carmel Camerini

To commemorate her birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan's Radio City Music Hall for the benefit of the AARP. One of the musical numbers she performed was 'My Favorite Things' from the legendary movie 'Sound Of Music'.

Here are the lyrics she used:



(Sing It!) - If you sing it, it's especially hysterical!!!

Botox and nose drops and needles for knitting,

Walkers and handrails and new dental fittings,

Bundles of magazines tied up in string,

These are a few of my favorite things.

Cadillacs and cataracts, hearing aids and glasses,

Polident and Fixodent and false teeth in glasses,

Pacemakers, golf carts and porches with swings,

These are a few of my favorite things.

When the pipes leak, When the bones creak,

When the knees go bad,

I simply remember my favorite things,

And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions,

No spicy hot food or food cooked with onions,

Bathrobes and heating pads and hot meals they bring,

These are a few of my favorite things.

Back pain, confused brains and no need for sinnin',

Thin bones and fractures and hair that is thinnin',

And we won't mention our short shrunken frames,

When we remember our favorite things.

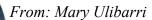
When the joints ache, When the hips break,

When the eyes grow dim,

Then I remember the great life I've had,

And then I don't feel so bad.

(Ms. Andrews received a standing ovation from the crowd that lasted over four minutes and repeated encores. Please share Ms. Andrews' clever wit and humor with others who would appreciate it.)



Howdy,

Thanks for continuing with the newsletter. Nice to keep in touch somewhat with folks in lieu of a monthly meeting. Miss everyone, that's for sure.

No real news so I thought I'd send a recipe that seems to be a hit with guests and especially me. It's kind of one of those comfort foods. :-)

Take care and stay safe.

Mary

#### Corn Casserole

2 eggs 1 cup sour cream

1 can creamed corn 1/2 cup butter, melted

1 can whole corn, drained 1 box Jiffy cornbread mix

Beat eggs and mix with butter. Add remaining ingredients.

Spray 8" x 8" pan and add batter.

Bake at 350 degrees F for 45-55 minutes or until set.

Yields 6-8 servings.



From: Micki Brown

We returned home from Arizona three weeks today (June 25). Mary ventured over today for burgers on the grill and has just left. So good to see her.

We talked about how good the newsletters have been. It's nice not having to read about cvd-19 or political issues!

My resources have been quiet but I did wonder if we're still collecting pop top tabs and what to do with the ones we brought up from AZ and added to after getting home in WA.

My yard was in dire shape so now my bod is not very happy -- but I do love getting my hands in the dirt! It also keeps me from tempting fate and getting out of the house as well!! Spending upwards of eight hours pruning 21 roses and pulling off leaves with black spot has left them almost bare of greenery, but they are flowering! They get food and Rose Defense tomorrow. And the lawns have had moss out and then weed 'n feed applied so now they need mowing!

Our resident buck and doe are here enjoying the blackberry bushes and munching on my cherry trees but show no fear as I pull weeds nearby. And "Slither" my Yardley garden snake, pops up to make my day, warms up in the sun, then slithers on to his next napping spot or finds a fat juicy bug for snacking. I noticed fat Bum-

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blebees have taken residence behind the cement block tiers in our front yard. They certainly are (oh, dare I!?) Busy Bees!

Sigh ... life is good!

-- Micki



From: Dick & Earlene Beham

Here we are Six month's into 2020 and still have not progressed beyond COVID –19 Phase II Restart in King County. Fortunately Golf has resumed and we have been enjoying decent weather allowing us to get out and about . The yard is in good shape and the garden is now producing. We have been harvesting Strawberries and black berries in great abundance and

the vegetables are coming along. We should be harvesting peas next and even the tomato plants are blossoming. The roses were in all their glory before the rain the past couple of days.

With the libraries closed we have been checking out E-Books which helps with passing the time. Just completed "Moon Shot", authors Alan Shepard, Deke Slaton, and Jay Barbree. A revised edition of the New York Times bestselling classic: the epic story of the golden years of American space exploration, told by the men who rode the rockets. The first into space was Alan Shepard; the last was Deke Slayton, whose irregular heartbeat kept him grounded until 1975. Collaborating with NBC's veteran space reporter Jay Barbree, Shepard and Slayton narrate in gripping detail the story of America's space exploration from the time of Shepard's first flight until he and eleven others had walked on the moon.

There has been a little excitement the past few weeks with bears roaming in the neighborhood and then last Sunday a young 2yr old ventured into our back yard via a tree between us and the neighbor, to get over the fence. We had failed to bring in the bird feeders for the night and he bent the pole holding the feeder and tipped over the bird bath. Our neighbor's security cam captured the event.

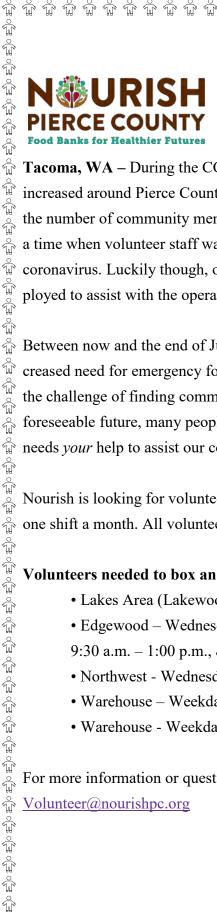
Our Square Dance activity has been confined to ZOOM get-togethers and it's beginning to look like late fall before that activity will resume. Hopefully Bluebill meetings will be able to resume soon as well. Until then it's YMCA-ZOOM exercise classes, walks, golf, and gardening to keep us active.





Husband and I
went grocery
shopping with
masks, got home,
took off masks,
brought home
wrong husband!
Stay alert people!

## **Volunteer Opportunity**



### **Volunteers Urgently Needed at Nourish Food Banks!**

Nourish Pierce County seeks volunteer support as Washington National Guard withdraws

**Tacoma, WA** – During the COVID-19 pandemic, the need for emergency food assistance has drastically increased around Pierce County. Nourish Pierce County food banks have seen a forty percent increase in the number of community members seeking food. Nourish found itself scrambling to increase capacity at a time when volunteer staff was ordered to stay-at-home to protect themselves and others against the coronavirus. Luckily though, on April 3rd, 54 members of the Washington National Guard were deployed to assist with the operation, allowing Nourish to remain open at 23 of its food distribution sites.

Between now and the end of July the Washington National Guard will be ending its mission. The increased need for emergency food however, will not end that soon. Now, Nourish has begun to confront the challenge of finding community volunteers to fill essential positions left open by the Guard. For the foreseeable future, many people in Pierce County will be in dire need emergency food services. Nourish needs *your* help to assist our community!

Nourish is looking for volunteers who can commit to a full shift and if possible, sign up for more than one shift a month. All volunteers must be 17 years or older and able to bend, lift, and carry at least 25 lbs.

#### Volunteers needed to box and distribute groceries to clients at the following locations:

- Lakes Area (Lakewood) Monday, Wednesday, & Friday from 10 a.m. 6 p.m.
- Edgewood Wednesdays from 9:30-12:30 p.m. Thursday from 2-7 p.m., Friday from 9:30 a.m. -1:00 p.m., & Saturday from 9 a.m. -3 p.m.
- Northwest Wednesday from 9 a.m. 5 p.m. & Saturday from 9:30 a.m. 3:30 p.m.
- Warehouse Weekdays 9 a.m. to 11 a.m. loading mobile food banks (4 people needed)
- Warehouse Weekdays 1 p.m. to 3 p.m. packing groceries for distribution

For more information or questions on how to register for a volunteer shift, please email Sunny Cada at Volunteer@nourishpc.org

## **Oly-Pen Regretfully Announces Cancellations!**

- July 2020 Bluebills Summer Picnic and Golf Outing
  - August 2020 Dove House Golf Tournament.

## OH MY, SOMETHING ELSE TO WORRY ABOUT

Can't eat pork--Swine



Can't eat eggs--Salmonella



Can't eat chicken-Bird flu



Can't eat fish-heavy metal poisons in their wa-

ters



Can't eat Beef-Mad cow



Can't eat fruits and veggies--





That leaves Chocolate and ice cream!

Remember - - 'STRESSED' spelled backwards is 'DESSERTS'



## This will definitely make you smile!

This little Latin beauty has got all the moves.

Click on the Video link >



VIDEO-2020-04-08-07-41-21.MP4



## **Calendar of Events 2020**

Heritage Leadership Meeting
Chapter Monthly Meeting
Heritage Leadership Meeting
Chapter Monthly Meeting
Heritage Leadership Meeting
Chapter Monthly Meeting
Chapter Monthly Meeting
Chapter Monthly Meeting (Potluck)
Heritage Leadership Meeting
Chapter Monthly Meeting
Chapter Monthly Meeting
Chapter Picnic
Heritage Leadership Meeting
Chapter Monthly Meeting
Chapter Monthly Meeting
Chapter Monthly Meeting & Pizza Party
Heritage Leadership Meeting
Chapter Monthly Meeting (Potluck)

## Food Bank Schedule For 2019

Cash donations collected at each monthly meeting to be given to a different food bank each month.

January	Highline	Heinz Gehlhaar
February	Bellevue	Doug Hoople
March	Federal Way	Lonnie Stevenson
April	Maple Valley	Vaughn's
May	Kent	Melinda Stubbs
June	Auburn	Martha Battles
July	West Seattle	Heinz Gehlhaar
August	Tacoma	Ted & Judy Leyden
September	Renton	Eleanor Skinner
October	White Center	Heinz Gehlhaar
November	Des Moines	Lonnie Stevenson
December	Issaquah	Eleanor Skinner
I		

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Don't Forget to Report Your Hours!

# Bluebills Hentage Chapter Meeting

## "MEETINGS SUSPENDED DUE TO COVID-19"

WE WILL POST A NOTICE IN NEWSLETTER AND ON THE WEB AT <u>BLUE-BILLS.ORG</u> WHEN THEY RESUME

10:00 AM Social, 10:30—12:00N Meeting

**VFW Post 1263 Renton** 

Website: vfw1263.org

Address: 416 Burnett Ave S, Renton, WA 98057

Phone: (425) 255-9010

#### **Please Note:**

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

## **Bluebills Monthly Volunteer Hours**

Volunteer Name			
<b>Phone Number</b>			
Hours worked		For	
	(month/year)		(agency name)
Hours worked		For	
	(month/year)		(agency name)
Hours worked		For	
	(month/year)		(agency name)

Please send completed hours form to Bluebills, PO Box 3707 1K-B02, Seattle, WA 98124 Email to bluebills@boeing.com or bring to Bluebills monthly meeting